

Victorian
Seniors
Festival
2025



**CONNECT
CREATE
CELEBRATE**

1-31 October



Victorian Seniors Festival 2025 with Goulburn Valley Libraries

**Events
Booklet**



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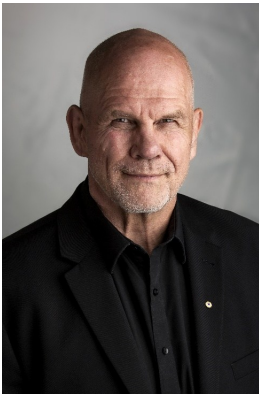
**Libraries
Change Lives**



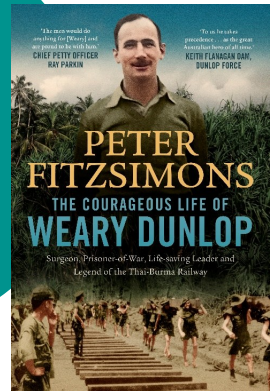
Author Talk

Peter FitzSimons

Australia's bestselling non-fiction writer introduces his latest book *The Courageous Life of Weary Dunlop*, the extraordinary story of the heroic doctor whose courage and leadership were a lifeline for thousands of Australian prisoners-of-war on the infamous Thai-Burma Railway of World War II.



Shepparton
Library
Friday
31st October
6.30pm



Bookings preferred
Call 1300 374 765 or
Email shepparton@gvlibraries.com.au
Online bookings via www.gvlibraries.com.au/events

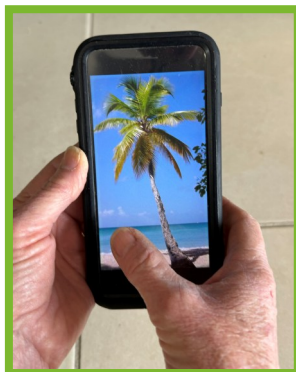


Digital Literacy and Fun

Planning your dream trip?

Learn to effectively use online resources and apps to plan your dream trip!

- Effective online searching.
- Artificial Intelligence (AI) basics.
- Using apps.
- Fact-checking info found online.
- Comparing info found online.
- Bonus activity – use Virtual Reality to have a sneak peek at a location you plan to visit.



The 'Planning your dream trip' sessions are supported by resources that can be found on the BeConnected website.

Bookings preferred call 1300 374 765 or
Email gvlibraries@gvlibraries.com.au

**Avenel
Library
Wednesday
22nd October
1.30pm**

**Mooroopna
Library
Thursday
23rd October
2.30pm**

**Yarrawonga
Library
Friday
24th October
10.30am**

Digital Literacy and Fun

Travel the world without leaving the library

Explore under the sea, travel to locations throughout the world, or kayak in Antarctica using a virtual reality headset.

Virtual Reality allows people to travel in a realistic and immersive way without

Monday
6th October
10.30am
Shepparton Library

Tuesday
21st October
10:00am
Euroa Library

Thursday
30th October
10.00am
Numurkah Library

How to digitise a photo, slide or negative.

Bring along your own photo, slide or negative and we will show you how to use the equipment.

Monday
20th October
10.30am
Shepparton Library

Wednesday
22nd October
10.00am
Avenel Library

Thursday
23rd October
10.30am
Mooroopna Library

Wednesday
29th October
2.30pm
Cobram Library



Digital Literacy and Fun

eSafety: Can you spot a scam?



Learn about different types of scams and how to spot them. The session also includes information about what to do if you think you are being scammed. (This session will be delivered in person and includes take home resources).

Tuesday
7th October
10:30am
Euroa Library

Thursday
16th October
2.00pm
Numurkah Library

Thursday
30th October
10.30am
Violet Town
Library

Thursday
16th October
3.00pm
Shepparton Library

Be Connected Presentation - Can You Spot a Scam?
(This session is an online presentation being shared in a group setting).

Digital Literacy and Fun

Wednesday 8 th October 10.30am Yarrowonga Library	Wednesday 8 th October 2.00pm Numurkah Library	Thursday 9 th October 2.00pm Nathalia Library	Tuesday 14 th October 10.30am Nagambie Library
Tech 1- On-1	Book an appointment and see a library staff member for some device help on a range of topics!		
Thursday 16 th October 10.30am Tatura Library	Thursday 23 rd October 2.00pm Euroa Library	Thursday 23 rd October 11.30am Violet Town Library	Monday 27 th October 10.00am Strathbogie Memorial Hall 29 Main St
Monday 27 th October 1.30pm Longwood Community Centre 2A Down St	Wednesday 29 th October 10.30am Tungamah Meeting Rooms 40 Middleton St	Wednesday 29 th October 12.30pm St James Public Hall 24 St James Rd	Wednesday 29 th October 2.30pm Dookie Memorial Hall 34 Mary St
Friday 31 st October 10.00am Murchison Uniting Church Hall, 2 Impey St		Friday 31 st October 1.30pm Merrigum Seniors Centre 104 Waverley Av	

Tech 000	Every Tuesday 10.30am to 11.30am Shepparton Library	Tech Help - Every Tuesday! Attend this drop-in session and a library staff member will be available to answer your questions about using your mobile technology.
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Aged Care Reform Hub

Have you heard about the changes that are happening in aged care? Would you like to learn more? Would you like to have your say about aged care supports?

Throughout October you can drop into the Shepparton Library and collect information booklets. Information covers many different topics including applying for a seniors card, in home support, financial hardship, dementia, palliative care and more.

Everyone is encouraged to provide feedback about aged care by completing the Improving Aged Care in Australia survey.

Need help with the survey or finding information?
Ask a staff member for assistance.



Information Session


How to access and understand Aged Care

Thursday 9th October 2.30pm

Shepparton Library

Guest speaker Dean Walton from Department of Health and Aged Care Local Network will speak about Myagedcare access for older people and for people already receiving services. He will also discuss upcoming changes from Homecare Packages to Support at Home Packages due to be introduced on 1st November.

Movies

<p>Tuesday 7th October 2.30pm Shepparton Library</p>	<p>The Best Exotic Marigold Hotel (M)</p>	<p>British retirees travel to India to take up residence in what they believe is a newly restored hotel. Less luxurious than advertised, the Marigold Hotel nevertheless slowly begins to charm in unexpected ways.</p>
<p>Wednesday 8th October 1.30pm Avenel Library</p>	<p>Queen Bees (PG)</p>	<p>After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.</p>
<p>Thursday 9th October 2.00pm Mooroopna Library</p>	<p>Sabrina, original 1954 film (G)</p>	<p>After her return from school in Paris, a playboy finally takes notice of his family's chauffeur's daughter, who has long had a crush on him.</p>
<p>Friday 10th October 2.30pm Numurkah Library</p>		



Movies

Thursday 9th October 6.30pm Shepparton Library	Lee (M)	War correspondent Lee Miller travels to the front lines of World War II to embark on a mission to uncover the hidden truths of the Third Reich.
Tuesday 14th October 2.30pm Shepparton Library	The Stepford Wives (M)	The secret to a Stepford wife lies behind the doors of the Men's Association.
Monday 20th October 2.30pm Shepparton Library	Sometimes Always Never (PG)	A detective - family drama where a love of words helps a father reconnect with a missing son.
Tuesday 21 st October 2.00pm Mooroopna Library	How to Steal a Million (G)	The daughter of an art forger teams up with a burglar to steal one of her father's forgeries and protect his secret.
Tuesday 28th October 2.30pm Shepparton Library	The First Wives Club (PG)	Reunited by the death of a college friend, three divorced women seek revenge on the husbands who left them for younger women.

Financial Literacy



This free information session will help to increase your financial knowledge and skills to manage money so that you can make informed financial decisions and improve your financial position. The session introduces concepts such as:

- Budgeting
- Investing
- Managing debt
- Understanding interest rates
- Loans, credit cards, debit cards, buy now and pay later
- Reading and managing utility bills
- Scams
- Saving for emergencies
- Saving for a goal

This session is open to all adults so bring along your family members and friends.

Facilitated by Primary Care Connect.

Tuesday
7th October
10.30am
Shepparton
Library

Tuesday
21st October
2.00pm
Euroa
Library

Wednesday
22nd October
10.30am
Mooroopna
Library

Wednesday
22nd October
2.30pm
Cobram
Library

Creativity and Crafty

Get creative with a crochet and knitting group.

These groups meet every week. The groups are chatty and informal. New people are always welcome. There is no cost involved. Just bring along yourself and your latest project.

Don't be concerned if you're just learning or stuck on a project, the other members of the group can help you along.

Mooroopna Library
Every Friday at 10.00am

Numurkah Library
Every Tuesday at 10.00am

Shepparton Library
Every Friday at 10.00am



Creativity and Crafty

The craft activities on these two pages are open to anyone. No experience or skill required. All materials are provided and we even supply a cuppa. Even if you're not into craft come along for a chat. Please let us know you'll be attending so we have enough supplies for the whole group.

Wednesday
1st October 2.00pm
Avenel Library

Handmade Bookmark
Make your very own stylised bookmark using cardstock and watercolour paint.

Thursday
2nd October 10.30am
Tatura Library

Rolled Magazine Owl
Roll pages from magazines and assemble them into the shape of a funky little owl.

Tuesday
7th October 10.30am
Nagambie Library

Handmade Bookmark
Make your very own stylised bookmark using cardstock and watercolour paint.

Wednesday
8th October 11.00am
Cobram Library

Painted Cactus Stones
Paint rocks and stones to create brightly coloured funky cacti.

Thursday
9th October 10.30am
Euroa Library

Fabric Coin Pouch
Create a small coin pouch out of felt using blanket stitch techniques.

Thursday
9th October 10.30am
Mooroopna Library

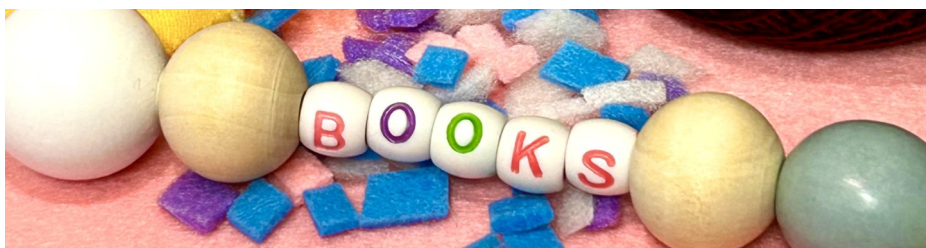
Rolled Magazine Owl
Roll pages from magazines and assemble them into the shape of a funky little owl.

Wednesday
15th October
10.30am
Shepparton Library

Fabric Coin Pouch
Create a small coin pouch out of felt using blanket stitch techniques.

Creativity and Crafty

Wednesday 15th October 1.30pm Yarrowonga	Pom Pom & Tassel Keychain Layer beads and pom poms to create a unique keychain for your bag, laptop case, or keys.
Wednesday 15 th October 2.00pm Numurkah Library	Fabric Coffee Cup Sleeve Sew layers of fabric together to create a patterned reusable coffee cup sleeve.
Thursday 16 th October 6.30pm Shepparton Library	Fabric Coin Pouch Create a small coin pouch out of felt using blanket stitch techniques.
Friday 17 th October 10.30am Nathalia Library	Card-Making Use the materials to make a card design of your choice to keep or give to family and friends.
Thursday 23 rd October 10.30am Violet Town Library	Fabric Coin Pouch Create a small coin pouch out of felt using blanket stitch techniques.
Wednesday 29 th October 2.00pm Avenel Library	BYO Art and Craft Session. Bring what you're working on or join in with our mystery activity.
Thursday 30 th October 6.30pm Shepparton Library	Macrame Keyring Workshop This small simple project is perfect for beginners.



Brain Exercise

A V N Y W N N S N T Q U X V C
P U G Y R L S K T C P E H F O
X W T A R W W O F Z E L N I M
N U E H E A Z O O R F O D C P
E L Q S O U R B F R N B A T U
W I D J O R G B H F E F E I T
S H E L V E S O I C D N R O E
P P W U D B Z C L L R L E N R
A T E N R E T N I A D A X W E
P N P R S I L J S P T T E O B
E Q T D O B O R R O W A P S M
R H R N M E L W N S C I C V E
S O E C N E R E F E R I F V M
W V H T S E N I Z A G A M I L
A U D I O B O O K S X T I A W

audiobooks

borrow

fiction

learn

member

read

search

words

author

catalogue

free

library

newspapers

reference

shelves

books

computer

internet

magazines

non fiction

renew

wifi

Social Activities

<p>Thursday 9th October 11.00am Tatura Library</p>	<p>Celebrate being a senior or having a senior in your life, and the contribution seniors make to our communities with morning tea at the Tatura Library. This is a celebration and thank you all rolled into one.</p>
<p>Wednesday 15th October 1.00pm Avenel Library</p>	<p>Join the group to discuss a book you are currently reading, just finished, a favourite or one you're looking forward to reading.</p>
<p>Thursday 23rd October 10.30am</p>	<p>Challenge yourself and compete with others with an morning of trivia and puzzles. Morning tea provided.</p>

<p>Uke3A Show</p>	<p>Wednesday 8th October 2.30pm Shepparton Library</p>	<p>Wednesday 29th October 2.30pm Shepparton Library</p>
<p>Join us for an afternoon of strumming, singing and uncontrollable foot tapping with the U3A Ukulele Group! Afternoon tea provided.</p>		



Social Activities



Social Activities

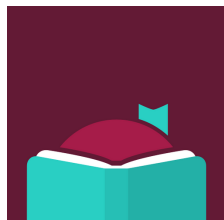
<p>Thursday 2nd October 4.00pm Violet Town Library</p>	<p>VT Armchair Travel Bugs. Cruise on into the Violet Town Library to hear about travel adventures from different community members.</p>
<p>Tuesday 14th October 5.00pm Mooroopna Library</p>	<p>Friends of the Mooroopna Library monthly meeting.</p>
<p>Thursday 16th October 4.00pm Violet Town Library</p>	<p>VT Bookworms. Join the group to discuss a book you are currently reading, just finished, a favourite or one you're looking forward to reading.</p>
<p>Every Thursday Shepparton Library 6.00pm</p>	<p>Get competitive with board games and more at Libraries After Dark.</p>
<p>Every Friday Mooroopna Library 1.00pm</p>	<p>Connect with the scrabble group at the Moorooopna Library.</p>
<p>Every Tuesday Nagambie Library 2.00pm</p>	<p>Do you fancy yourself a Scrabble champion? Maybe you're more of a cards person instead! Relax with a cuppa and some games for the afternoon.</p>
<p>Friday 10th October 11.00am Nathalia Library</p>	<p>Crazy Hat Morning Tea Wear a crazy hat and enjoy morning tea while helping raise awareness of mental health issues. Don't have a crazy hat? Arrive early (from 10am) and make your own crazy hat or embellish a hat you already have.</p>

But wait there's more...

Thursday 2 nd October 6.00pm Shepparton	Wonderful World of Trains with the GV Rail Club.
Thursday 2 nd October 2.00pm Euroa Library	Karen Mizzi speaks about Vintage Fashion with a focus on wedding gowns.
Tuesday 14 th October 10.00am Euroa Library	A free health check-up. You can talk to a paramedic and/or nurse about your health and wellbeing needs and concerns.
Thursday 9 th October 6.30pm Shepparton Library	Mindfulness colouring for adults
Thursday 16 th October 6.00pm Cobram Library	Keeping your home warm in winter and cool in summer. Guest speaker, energy expert Geoff Lodge.
Saturday 18 th October 9.00am to 12 noon Mooroopna	Friends of Mooroopna Library annual Plant and Book Sale
Thursday 23 rd October 6.30pm Shepparton	Researching Your Family Tree A guide to State Library Victoria Family History Resources.
Monday 27 th October 2.30pm Shepparton Library	Researching Your Family Tree A guide to State Library Victoria Family History Resources.
Friday 31 st October 2.00pm Mooroopna Library	The Mooroopna Primary School Band will entertain everyone with a short concert. The concert will be followed by an afternoon tea provided by the Friends of the Mooroopna Library. Come for the music, stay for the cake!

eResources available

The following resources are available free to members of Goulburn Valley Libraries.



Our collection of eMagazines can be accessed using the Libby app. Over 1,000 magazine titles to read online or download. Borrow eMagazines to read on your phone, tablet or PC using the Libby app.



You can access a huge collection of eBooks and eAudiobooks using the BorrowBox app and cloudLibrary app on your smartphone or tablet.



Access Australia features a variety of local, regional, and national news and information, including *The Shepparton News*, *Cobram Courier*, and the *Yarrawonga Chronicle*. Available remotely 24/7 on any device.

Discover your family history and start researching your family tree.

Please note: AncestryLibrary is only accessible from the computers at your local GV Libraries branch or from the library wi-fi.



The Gale Health and Wellness database is an online health resource containing professionally verified information.

Need help accessing these resources?

You can call us on 1300 374 765 or visit any of our libraries to chat to a staff member.

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FREE